

# Good Intentions

## What is an 'intention'?

In Islam, doing good deeds is very important. What you intend in your heart is just as important as what you do.

An intention is the *reason why you are doing something*. In Arabic, it is called *Niyyah*. If you do something to make Allah happy, even a small act becomes a BIG good deed!

Good intentions make our actions full of reward.

## A special Hadith

The Holy Prophet ﷺ said,

**"...If a person thinks about doing a good deed but does not do it, Allah still writes one good deed for him..."**

(Bukhari)

### What does this hadith mean?

Even if you *plan* to do something good but cannot do it (like you want to give charity but don't have money), Allah still rewards you because your intention was good.

COLOUR IN THIS REMINDER TO HELP YOU REMEMBER:

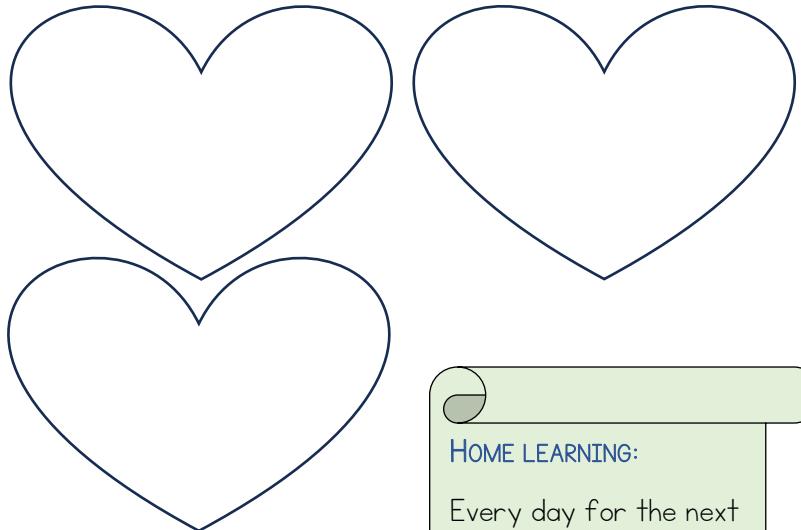
# Good intentions make you shine!

## Activity 1

In each heart, write or draw a good intention you may have before doing something.

(Example:

- Praying Salah *to make Allah happy*,
- Helping Mum *to be kind*,
- Smiling at someone *to spread happiness*.



## Activity 2

Colour in the actions that have good intentions.

Helping a friend, to please Allah

Giving charity, to show off

Helping Mum, to get sweets

Reading loudly, to disturb someone

Praying Salah, to look good

Sharing toys, to make Allah happy

### HOME LEARNING:

Every day for the next week, think about two good intentions you can make for the next day.

Tell your family what they are.